

Metro Prep Division Dates

2022-2023

Metro Conference Call - 8pm 8/10/22

Registration due – 8/25/22

Kick Off Meeting/Scheduling Meeting-7pm 8/29/22 Zoom Call

Start of The Pre-Season-9/1/22

Pre-Season End and Roster Reduction from 24 to 20-11/7/22

Regular Season Starts-11/10/22

Credentials Packet Due-2/18/23

Regular Season Ends-2/23/23

Playoffs Start-2/24/22

Playoffs End-3/2/21

Adray Metro Prep Semifinal Championship Games- March 3, 2023- ESH/ULS

Metro Championship Day - March 4 & 5, 2022 - ESH/ULS



Prep Division Guidelines and Information for the Fall 2022-2023 Season

- Team membership into the Prep Division is obtained through this registration process and will be reviewed for acceptance by the Adray Prep Division Committee.
- All teams will be comprised of student athletes that attend the same high school or a high school within the same school district. In addition, we follow all MAHA/USA Hockey Rules.
- Rosters will be comprised of freshmen, sophomores, juniors and a maximum of up to 4 skaters and one goalie that are seniors. (8th grade students are not eligible for this league). The Midget "out of District" rules do not apply to our league.
- Players that participated at the Varsity level will be allowed, but there will be a maximum of 2
 former year Varsity players per team. Current year Varsity players are ineligible to play in the
 league per MAHA and USA hockey rules.
- Prep League teams will register with MAHA and follow the USA Hockey rules of play.
- A "Kickoff Meeting" will be scheduled in early August prior to the start of the Prep League season. All teams that have been accepted into the Prep League must be represented at this meeting.



Post Season

The teams will be broken into Championship brackets. These Championship brackets will be determined by winning percentage based on the following criteria.

Seating:

- 1. Winning Percentage
- 2. Head-to-Head
- 3. Goals Against
- 4. Goal Differential

Semi:

We will be re-seeding the playoffs after the Post Season based upon the results of these games for the Semifinal.

Home Team:

The home teams will be the 1 and 2 seed after re-seeding has taken place. They will be the host of the Semi Final games and the away team is responsible for the cost of the officials for those games. The higher seed will be the home team for the Championship game.

Game Time Frames:

Prep/Midget's -The length of periods will be 15-minute stop time.

All Semifinal Game Sheets:

Prep/Midget's -1 hr. and 30 min

Championship/Semi Final Tie Breaker System

Tie Procedure:

- 1. 4 player 5 Minute sudden death overtime period will be played provided there is more than (8) minutes left on the curfew clock. The teams will not change ends.
- 2. A Shootout consisting of (5) players from each team alternately taking penalty shots. A coin toss will determine which team will shoot first. If after (5) players from both teams have completed the procedure, the tie has not been broken. The process will continue in a sudden death mode with one shooter from each team other than those that have already participated until the ice time runs out. Each team will be given an opportunity to shoot in each of the sudden death rounds.
- 3. A coin toss.



Prep League Contacts

Bobby Mitchell Jr. Vice President/Metro (313)806-8668 adray.metro@comcast.net

Greg Nehra Director of Metro Prep (313)919-3556 gregnehra@icloud.com

Tom Philliben
Director of Metro Prep
(248)467-6340
tom.philliben@gdi.com