



## 2022-2023 Adray West 10U Team Contact Sheet

Revised 9/26/2022

Team Name	City	Head Coach		HC Email	HC Mobile Phone	Team Manager		TM Email	TM Mobile Phone
Battle Creek	Battle Creek	Ben	Wallace	<a href="mailto:gbcihapresident@gmail.com">gbcihapresident@gmail.com</a>	269-275-6044	Virginia	Michael	<a href="mailto:rclverieff@gmail.com">rclverieff@gmail.com</a>	574-265-3090
Big Rapids Ice Dogs	Big Rapids	Nick	Scheible	<a href="mailto:nick@lernerfinancial.com">nick@lernerfinancial.com</a>	231-287-2354	Deanna	Goldthwait	<a href="mailto:DeannaGoldthwait@ferris.edu">DeannaGoldthwait@ferris.edu</a>	231-679-5555
Fox Motors 10U Blue	Byron Center	PJ	Rapin	<a href="mailto:rapinp@mail.gvsu.edu">rapinp@mail.gvsu.edu</a>	248-881-7667	Matt	Vanderlaan	<a href="mailto:matthew.vanderlaan@gmail.com">matthew.vanderlaan@gmail.com</a>	616-821-5149
Fox motors 10U Red	Byron Center	Trevor	McLeod	<a href="mailto:mcleod.trevor@yahoo.com">mcleod.trevor@yahoo.com</a>	269-808-8585	Beccie	Smith	<a href="mailto:bosmith1220@gmail.com">bosmith1220@gmail.com</a>	219-805-5862
GR Blades	Grand Rapids	Aaron	Ozark	<a href="mailto:Ozarkaaron@gmail.com">Ozarkaaron@gmail.com</a>	616-685-9658	Shelly	Ydenberg	<a href="mailto:shellyydenberg@gmail.com">shellyydenberg@gmail.com</a>	616-204-1361
						Gretchen	Rottman	<a href="mailto:jeffandgretchenR@yahoo.com">jeffandgretchenR@yahoo.com</a>	616-485-6603
GRAHA Griffins Red	Grand Rapids	Chris	Waide	<a href="mailto:ckwaide@icloud.com">ckwaide@icloud.com</a>	616-262-8085	Sarah	Gardner	<a href="mailto:sarahjgardner89@gmail.com">sarahjgardner89@gmail.com</a>	616-272-9423
GRAHA Griffins White	Grand Rapids	Ryan	Luoma	<a href="mailto:luomarya@hotmail.com">luomarya@hotmail.com</a>	248-207-4896	Kelly	Anderson	<a href="mailto:krs7678@hotmail.com">krs7678@hotmail.com</a>	616-890-7305
Grand Valley Stars - 10U White	Hudsonville	Nate	Beverwyk	<a href="mailto:nathan.beverwyk@yahoo.com">nathan.beverwyk@yahoo.com</a>	269-760-4143	Jill	Langendorfer	<a href="mailto:jlangendorfer@gmail.com">jlangendorfer@gmail.com</a>	616-318-6948
Grand Valley Stars - 10U Blue	Hudsonville	Nick	Marckini	<a href="mailto:nmarckini@gmail.com">nmarckini@gmail.com</a>	616-890-7150	Audra	Atkinson	<a href="mailto:audraatkinson80@gmail.com">audraatkinson80@gmail.com</a>	616-780-0284
Grand Valley Stars - 10U Black	Hudsonville	Mike	Madden	<a href="mailto:mmadden2685@gmail.com">mmadden2685@gmail.com</a>	616-813-1071	Sarah	Shaver	<a href="mailto:sar227@hotmail.com">sar227@hotmail.com</a>	616-340-0978
Hawk - Squirt Black	Walker	Adam	Zavislak	<a href="mailto:adamzavislak@gmail.com">adamzavislak@gmail.com</a>	616-443-9308	Erica	Holleran	<a href="mailto:holleran.erika167320@gmail.com">holleran.erika167320@gmail.com</a>	616-443-9308
Hawk - Squirt Purple	Walker	Bill	Hatch	<a href="mailto:coach.bhatch@gmail.com">coach.bhatch@gmail.com</a>	616-293-1818	Shannon	Hatch	<a href="mailto:shannon.horning@gmail.com">shannon.horning@gmail.com</a>	616-293-1818
KOHA- Brown	Kalamazoo	Andrew	Billheimer	<a href="mailto:bellheimer19@gmail.com">bellheimer19@gmail.com</a>	269-267-7038	Rebecca	Merka	<a href="mailto:Rmerka@hotmail.com">Rmerka@hotmail.com</a>	608-239-4427
KOHA- Gold	Kalamazoo	Don	Kennedy	<a href="mailto:dkzoo74@hotmail.com">dkzoo74@hotmail.com</a>	269-544-9065	Reese	Lonoza	<a href="mailto:irishtwins1213@gmail.com">irishtwins1213@gmail.com</a>	949-517-8568
KOHA-Black	Kalamazoo	Steve	Hunt	<a href="mailto:Stevenhunt1982@gmail.com">Stevenhunt1982@gmail.com</a>	269-998-1871	Emily	Dush	<a href="mailto:emilydush@gmail.com">emilydush@gmail.com</a>	269-267-7051
Lakeshore Jr. Lumberjacks Black	Muskegon	Joe	Trombley	<a href="mailto:jo@discountmi.com">jo@discountmi.com</a>	231-578-9517	Kelly	Woods	<a href="mailto:evanskea@me.com">evanskea@me.com</a>	231-557-7577
Lakeshore Jr. Lumberjacks Gold	Muskegon	Ben	Gaeth	<a href="mailto:bfgaeth@yahoo.com">bfgaeth@yahoo.com</a>	616-250-6525	Jessica	Hitch	<a href="mailto:mommahitchy@gmail.com">mommahitchy@gmail.com</a>	810-599-6436
Rockford Rams Black	Rockford	Jeff	Sullivan	<a href="mailto:jeffsullivan@hotmail.com">jeffsullivan@hotmail.com</a>	616-401-1431	Ashley	Quinn	<a href="mailto:ash.quinn128@gmail.com">ash.quinn128@gmail.com</a>	616-460-0794
Rockford Rams Orange	Rockford	Chris	Rhodes	<a href="mailto:crhodes6@yahoo.com">crhodes6@yahoo.com</a>	616-490-5786	Ryan	King	<a href="mailto:ryantking@hotmail.com">ryantking@hotmail.com</a>	616-889-1932
Rockford Rams White	Rockford	Steve	Ritsema	<a href="mailto:sritsema11@yahoo.com">sritsema11@yahoo.com</a>	616-318-6960	Tim	DeVries	<a href="mailto:timdevries11@yahoo.com">timdevries11@yahoo.com</a>	616-239-5645
West Michigan Ice Dogs White	Holland, MI	Rich	Pruszynski	<a href="mailto:rich.pruszynski@gmail.com">rich.pruszynski@gmail.com</a>	414-331-2738	Jamie	Nobletti	<a href="mailto:nobletti@gmail.com">nobletti@gmail.com</a>	616-402-1142
West Michigan Ice Dogs Red	Holland, MI	Tony	Petkus	<a href="mailto:tpetkus@copschools.com">tpetkus@copschools.com</a>	616-848-1464	Ashley	Step	<a href="mailto:ashlevdstep@gmail.com">ashlevdstep@gmail.com</a>	616-741-1470
West Shore Wolves 10u	Scottville	Bobby	Schwass	<a href="mailto:robertschwass@gmail.com">robertschwass@gmail.com</a>	231-907-9599	Alicah	Gates	<a href="mailto:alichagates@yahoo.com">alichagates@yahoo.com</a>	517-812-6533

12 Minute Periods

23 teams -2 div. of 8 and 1 div of 7



## 2022-2023 Adray West 12U Team Contact Sheet

Revised 9/26/2022

Team Name	City	Head Coach		HC Email	HC Mobile Phone	Team Manager		TM Email	TM Mobile Phone
BAHA (Berrien) Freeze	Stevensville, MI	Mitch	Bancroft	<a href="mailto:mbancroft@adrian.edu">mbancroft@adrian.edu</a>	269-519-4442	Alissa	Sheftic	<a href="mailto:shefticalissa@gmail.com">shefticalissa@gmail.com</a>	269-208-9575
		Chris	Sheftic	<a href="mailto:shefticchris@gmail.com">shefticchris@gmail.com</a>	269-252-9475				
Big Rapids	Big Rapids	Paul	Kwant	<a href="mailto:paulkwant@yahoo.com">paulkwant@yahoo.com</a>	231-250-1263	Becky	Curtis	<a href="mailto:x97curtis@gmail.com">x97curtis@gmail.com</a>	616-550-7983
				<a href="mailto:PaulKwant@ferris.edu">PaulKwant@ferris.edu</a>					
Fox Motors 12U Red	Byron Center	Joey	Neiser	<a href="mailto:Joey@foxmotorshockey.com">Joey@foxmotorshockey.com</a>	616 834-1256	Scott	Mohler	<a href="mailto:Scott.mohler@gmail.com">Scott.mohler@gmail.com</a>	616-260-5247
Fox Motors 12U Blue	Byron Center	Derek	Jelsema	<a href="mailto:elementlandscapemi@gmail.com">elementlandscapemi@gmail.com</a>	616-262-3103	Jeff	Haase	<a href="mailto:71jah@gmail.com">71jah@gmail.com</a>	616-299-8071
GR Blades	Grand Rapids	John	Hoekstra	<a href="mailto:president@grblades.org">president@grblades.org</a>	616-706-9453	Brad	Verker	<a href="mailto:verk27@gmail.com">verk27@gmail.com</a>	616-485-6435
GRAHA Grffins 12U	Grand Rapids	Jay	Cuva	<a href="mailto:jaycuva1@gmail.com">jaycuva1@gmail.com</a>	616-581-8371	Nicole	Cuva	<a href="mailto:cuvabeach1@gmail.com">cuvabeach1@gmail.com</a>	616-822-4216
Grand Valley Stars - 12U	Hudsonville	Matt	Burns	<a href="mailto:matthewburnslaw@gmail.com">matthewburnslaw@gmail.com</a>	616-550-2923	Karen	Sobeck	<a href="mailto:collierkrn@yahoo.com">collierkrn@yahoo.com</a>	616-914-7536
Hawk - PW Black	Grand Rapids	Jason	Zimmerman	<a href="mailto:hockeyzim@comcast.net">hockeyzim@comcast.net</a>	616-540-4328	Jessica	Malin	<a href="mailto:jessica.r.malin@gmail.com">jessica.r.malin@gmail.com</a>	513-432-9060
Hawk - PW Purple	Grand Rapids	Mike	Fountain	<a href="mailto:mfountain@walkericeandfitness.com">mfountain@walkericeandfitness.com</a>	616-460-8081	Kelsey	Reyes	<a href="mailto:kelseyreyes1991@gmail.com">kelseyreyes1991@gmail.com</a>	616-818-6833
KOHA- Brown	Kalamazoo	Nicole	Gard	<a href="mailto:nicole.ellis906@gmail.com">nicole.ellis906@gmail.com</a>	269-370-0803	Bob	Majoras	<a href="mailto:bossman_d@yahoo.com">bossman_d@yahoo.com</a>	440-315-2138
KOHA-Gold	Kalamazoo	Kevin	DeVries	<a href="mailto:coachkevindevries@gmail.com">coachkevindevries@gmail.com</a>	517-937-1388	Tracy	Jezewski	<a href="mailto:tracykluge@hotmail.com">tracykluge@hotmail.com</a>	269-267-0174
Lakeshore Jr. Lumberjacks	Muskegon	Chris	Benedict	<a href="mailto:chris.benedict@juniorlumberjacks.com">chris.benedict@juniorlumberjacks.com</a>	231-740-8031	Katie	Steele	<a href="mailto:gymnasticchick30@gmail.com">gymnasticchick30@gmail.com</a>	616-638-4433
West Michigan Ice Dogs	Holland, MI	John	Roof	<a href="mailto:roofjohn1977@yahoo.com">roofjohn1977@yahoo.com</a>	734-646-8458	Christina	Piotrowski	<a href="mailto:christina.piotrowski@gmail.com">christina.piotrowski@gmail.com</a>	989-600-7263
West Shore Wolves 12u	Scottville	Brandon	Quillan	<a href="mailto:QUILLAN827@GMAIL.COM">QUILLAN827@GMAIL.COM</a>	231-233-5015	Shelli	Coffin	<a href="mailto:SCOFFIN22@GMAIL.COM">SCOFFIN22@GMAIL.COM</a>	231-233-7015

12 Minute Periods

14 teams- 2 divisions of 7



## 2022-2023 Adray West 14U Team Contact Sheet

Revised 9/26/2022

Team Name	City	Head Coach		HC Email	HC Mobile Phone	Team Manager		TM Email	TM Mobile Phone
BAHA (Berrien) Freeze	Stevensville, MI	Nick	von Koenig	<a href="mailto:vkoenig44@gmail.com">vkoenig44@gmail.com</a>	269-208-7885	Stephanie	Webber	<a href="mailto:stephiewebb8@att.net">stephiewebb8@att.net</a>	269-635-3738
		Tad	Webber	<a href="mailto:tad4hockey@gmail.com">tad4hockey@gmail.com</a>	269-208-0442				
Big Rapids	Big Rapids	Bryan	Marek	<a href="mailto:bry_marek@hotmail.com">bry_marek@hotmail.com</a>	231-349-0015	Heather	Williams	<a href="mailto:willheam@gmail.com">willheam@gmail.com</a>	517-404-0399
						Dianne	Lauzon	<a href="mailto:diannelauzon@gmail.com">diannelauzon@gmail.com</a>	512-576-4843
Cadillac Vikings	Cadillac	Steven	Barnes	<a href="mailto:barnes.steven@yahoo.com">barnes.steven@yahoo.com</a>	517-974-9056				
Fox Motors 14U	Byron Center	Jason	Goodell	<a href="mailto:good39jag@gmail.com">good39jag@gmail.com</a>	616-239-8890	Lisa	DeVries	<a href="mailto:lisadev1981@gmail.com">lisadev1981@gmail.com</a>	616-890-3175
Grand Valley Stars - 14U	Hudsonville	Ben	Majewski	<a href="mailto:benwmajewski@gmail.com">benwmajewski@gmail.com</a>	616-460-5446	Deborah	Hart	<a href="mailto:deborah.hart1@att.net">deborah.hart1@att.net</a>	616-818-9650
Hawk - Bantam Purple	Grand Rapids	Steve	Reyes	<a href="mailto:stevereyes@gmail.com">stevereyes@gmail.com</a>	616-558-6997	Greg	Main	<a href="mailto:mainbuilders@charter.net">mainbuilders@charter.net</a>	616-477-7127
Hawk - Bantam Black	Grand Rapids	Steve	Mulvey	<a href="mailto:smulvey25@gmail.com">smulvey25@gmail.com</a>	616-726-1571	Jessica	Herrmann	<a href="mailto:jessh412@yahoo.com">jessh412@yahoo.com</a>	616-726-1571
KOHA - Gold	Kalamazoo	Jeff	Wallenstein	<a href="mailto:jeff.wallenstein@gmail.com">jeff.wallenstein@gmail.com</a>	269-760-1310	Chris	Payne	<a href="mailto:cpayne65@aol.com">cpayne65@aol.com</a>	269-720-0260
KOHA-Brown	Kalamazoo	Jim	Baranoski	<a href="mailto:jrbaranoski@kalsec.com">jrbaranoski@kalsec.com</a>	269-929-2768	Derek	Robinson	<a href="mailto:derek.s.robinson@gmail.com">derek.s.robinson@gmail.com</a>	269-760-9849
	Kalamazoo	Andrew	Dubiel	<a href="mailto:andrewdubiel@outlook.com">andrewdubiel@outlook.com</a>	269-512-5850				
Lakeshore Jr. Lumberjacks	Muskegon	Russ	Shengulette	<a href="mailto:sheng.russ@gmail.com">sheng.russ@gmail.com</a>	919-622-7736	Russ	Shengulette	<a href="mailto:sheng.russ@gmail.com">sheng.russ@gmail.com</a>	919-622-7736
Rockford Rams	Rockford	Nate	Spahn	<a href="mailto:nspahn@chartermi.net">nspahn@chartermi.net</a>	616-262-6978	Briana	Wallin	<a href="mailto:wallin.briana@gmail.com">wallin.briana@gmail.com</a>	616-232-0895
Traverse City North Stars	Traverse City	Jeff	Rynbrandt	<a href="mailto:jrynbrandt@yahoo.com">jrynbrandt@yahoo.com</a>	231-715-0505	Julie	Boss	<a href="mailto:Boss.julie4boys@yahoo.com">Boss.julie4boys@yahoo.com</a>	248-535-1713
West Shore Wolves 14u	Scottville	Roy	Bishop	<a href="mailto:SALMONROY9@GMAIL.COM">SALMONROY9@GMAIL.COM</a>	231-981-2510	Beth	Adams	<a href="mailto:eadams@manistee.org">eadams@manistee.org</a>	231-690-3659

14 Minute Periods

13 teams -1 division of 6 and one of 7